

Day	Date	Time	Venue	Required	Cost
Tuesday	19-Jan	18:30	Langman Reserve	Water, runners, full gear	
Thursday	21-Jan	18:30	Langman Reserve	Water, runners, full gear	
Tuesday	26-Jan	18:30	NO TRAINING - Australia Day	Water, runners, full gear	
Thursday	28-Jan	19:00	Henley beach, 200m south of jetty	Water, runners, stick gloves	
Tuesday	2-Feb	18:30	Club	Water, runners, full gear	
Thursday	4-Feb	18:30	Morialta, meet at bottom carpark near road	Runners	
Tuesday	9-Feb	18:30	Club	Water, runners, full gear	
Thursday	11-Feb	18:00	Geoff Heath Par 3 Golf Course	Water, runners, golf clubs if avl	\$9.50
Tuesday	16-Feb	18:30	Club	Water, runners, full gear	
Thursday	18-Feb	18:30	Magill pool		\$5.00
Friday	19-Feb	21:00	Preseason camp		\$50.00
Saturday	20-Feb		Preseason camp		And pub meal Saturday
Sunday	21-Feb		Preseason camp		
Tuesday	23-Feb	18:30	NO TRAINING		
Thursday	25-Feb	18:30	Club	Water, runners, full gear	
Tuesday	2-Mar	18:30	Club biathlon/triathlon	Bicycle, runners, bathers	\$5.00
Thursday	4-Mar	18:30	Club	Water, runners, full gear	
Tuesday	9-Mar	18:30	Club	Water, runners, full gear	
Thursday	11-Mar	18:30	Morialta, meet at bottom carpark near road	Runners	
Tuesday	16-Mar	18:30	Club	Water, runners, full gear	
Thursday	18-Mar	19:00	Henley beach, 200m south of jetty	Water, runners, stick gloves	
Tuesday	23-Mar	18:30	Club	Water, runners, full gear	
Thursday	25-Mar	18:30	Club	Water, runners, full gear	
Tuesday	30-Mar	18:30	Club	Water, runners, full gear	
Thursday	1-Apr	18:30	Club	Water, runners, full gear	
Tuesday	6-Apr	18:30	Club	Water, runners, full gear	
Thursday	8-Apr	18:30	Club	Water, runners, full gear	
Tuesday	13-Apr	18:30	Club	Water, runners, full gear	
Thursday	15-Apr	18:30	Club	Water, runners, full gear	
Tuesday	20-Apr	18:30	Club	Water, runners, full gear	
Thursday	22-Apr	18:30	Club	Water, runners, full gear	
SATURDAY 24-Apr			SEASON BEGINS		

